

Location: Pharmacy Auditorium, University and Medicine, Pharmacy, Science and Technology G. E. Palade Targu Mureş

Day 1: Age matters in MS management (5th November 2026)

08:00 - 09:00 **Registration**

09:00 - 09:30 **Welcome Note**

Rodica Balasa, Leonard Azamfirei, Cristina Panea, Cristina Tiu

Session 1

Moderators: Ayşe Altıntaş, Aysun Ünal

09:30 – 10:00 **Celia Oreja Guevara** MS Across the Lifespan: Age as a Determinant of Disease

10:00 – 10:30 **Emilio Portaccio** Cognition Across the MS continuum

10:30 – 11:00 **Melinda Magyari** Older MS Population: Late-Onset Disease and Real World Outcomes

11:00 - 11:30 **Dimos D. Mitsikostas** (BMS symposium) Ozanimod in Clinical Practice: Turning Clinical Experience into Better Outcomes for Patients with RRMS

Discussions

11:30 - 11:50

Coffee Break

Session 2

Moderators: Mihaela Simu, Cristina Panea

11:50 – 12:10 **Irene Davidescu.** Insights Regarding Transition în MS from Pediatric Neurology to Adult Care

12:10 - 12:30 **Adriana Dulămea** MS in Elderly: Diagnostic Challenges, Comorbidities and the Pitfalls of Differential Diagnosis

12:30 - 12:50 **Cristina Tiu, Catalina Anghel, Iulian Enache, Elena Terecoasa** Getting Older with MS vs Getting MS When You are Older: Real Life Data from an XXL Large MS Center

12:50 - 13:10 **Rodica Bălaşa** (Merck Symposium) Cladribine in MS: A Nationwide Real-World Cohort Study

13:10 - 13:30 **Mihaela Lungu** Alopecia Associated with Disease- Modifying Therapies in Multiple Sclerosis: Mechanisms, Clinical Impact, Diagnosis and Management

Discussions

13:30 – 14:30

Lunch

Special Session

Moderators: Rodica Bălaşa, Corina Roman

14:30 – 15:00 **Irene Davidescu** (Novartis Symposium) Kesimpta in a Romanian Clinical Practice-adapting care in MS

15:00 – 15:30 **Cristina Tiu** (Roche Symposium) Ocrelizumab: from clinical trials to clinical practice

15:30 – 15:50 **Daniela Anghel** Anti-obesity treatment management for young MS patients

15:50 – 16:10 **Vlad Tiu** Assessment of Serum Biomarkers in Relation to Age in Multiple Sclerosis

16:10 – 16:30 **Bogdan Ignat** Secondary progressive MS – is it always too late for HEDs?

16:30 – 16:50 **Vitalie Văcăraş** Artificial Intelligence in the diagnosis of MS

Discussions

Welcome Dinner

Day 2: Gender matters in MS (6th November 2026)

Session 1

Moderators: Cristina Tiu, Irene Davidescu

09:30 – 10:00	Ayşe Altıntaş Pregnancy impact on MS activity
10:00 – 10:30	Jelena Drulovic Menopause and MS progression
10:30 – 11:00	Katarina Fink Current trends in MS management during menopause
11:00 – 11:20	Aysun Ünal Employment and vulnerability in women with MS

Discussions

11:20 – 11:40

Coffee Break

Session 2

Moderators: Rodica Balasa, Adriana Dulamea

11:40 – 12:00	Simona Petrescu Pregnancy and Family Planning in a Romanian Multicentre Cohort of MS Patients
12:00 – 12:20	Mihaela Simu The Male Paradox in MS: Particularities in Pathogenesis and Clinical Evolution
12:20 – 12:40	Elena Terecoasa, Larisa Purcaru, A Musuroiu, Cristina Tiu Why is PIRA more Common in Men? Sex Specific Mechanisms of Smouldering Neuroinflammation
12:40 – 13:00	Corina Roman MS in Men: Prognosis and Therapeutic Approaches
13:00 – 13:20	Smaranda Maier (Johnsson Symposium) Bridging the Gap: Clinical Trials and Real-World Evidence in MS: From Controlled Studies to Everyday Clinical Outcomes

Discussions

13:20 – 14:20

Lunch Break

Special session

Moderators: Bogdan Ignat, Vlad Tiu

14:20 – 14:50	Cristina Tiu (AstraZeneca Symposium) Complement System and the Impact of C5 Inhibition in NMOSD and gMG
14:50 – 15:10	Cristina Panea Menopause in women with MS: what we should know, what we can do
15:10 – 15:30	Rodica Balasa Everyone Has the Epstein-Barr virus, not Everyone has MS: Sex and Age Considerations
15:30 – 15:50	Victor Constantinescu Sex Differences in Autonomic Dysregulation Patterns in MS
15:50 – 16:10	Irina Lata MS and Autoimmune Comorbidities: Management Challenges
16:10 – 16:30	Smaranda Maier Headache and Facial Pain in MS
16:30 – 17:00	Rodica Balasa Romanian MS National Guideline

Dinner

Day 3: Practical management of multiple sclerosis (7th November 2026)

Workshop

Moderators: Katarina Fink, Cristina Tiu

09:30 – 10:10	Kerstin Hellwig Family Planning and MS - Counselling Women in the Era of Highly Active DMT: Presentation ofECTRIMS Guidelines
10:10 – 10:30	Andreea Pleșa, Carmen Adella Sîrbu Gene-Environment Interactions in Multiple Sclerosis: Insights from a Preliminary Study
10:30 – 10:50	Oana Vranceanu When Sex and Age speak: EV-miRNA Signatures in Siponimod-treated SPMS
10:50 – 11:10	Laura Bărcuțean Glymphatic Function in MS: Sex Differences and Disability Progression

Discussions

11:10 – 11:30

Coffee Break

Moderators: Elena Terecoasa, Smaranda Maier

11:30 – 12:50	Faculty for interactive session Challenging Clinical Cases for CNS Demyelinating Diseases Prezentări de caz din partea: SCJU Tg. Mureș (Dr. Mihai Dumitreasă), SUUB (Dr. Iulian Enache), ELIAS (Dr. Roxana Urdea), SCJU Cluj (Dr. Petruț David)
---------------	---

Discussions

12:50

Closing ceremony